

Air Interdiction Agent (AIA) Marine Interdiction Agent (MIA) Aviation Enforcement Agent (AEA) Candidate Pre-employment Fitness Test 2 (PFT-2)

What is the PFT-2? The PFT-2 is a physical fitness test battery that all AIA, MIA, and AEA candidates are required to participate in prior to entering on duty and attending the Air and Marine Basic Training Academy.



What fitness tests are included in the PFT-2 battery? Four tests are included and will be administered in the following order:

- 220 Yard Run - must complete in 50 seconds or less
- Sit Ups - must complete 25 proper form in one minute
- Push Ups - must complete 17 proper form in one minute
- 1.5 mile run - must complete in 17 minutes and 15 seconds or less



How can I prepare for the PFT-2? To prepare for the test battery, refer to the fitness information located at www.cbp.gov. Once there, hover the cursor over *Careers* at the top right hand side of the page, and then click on “Which CBP Career is Right for You?” Click on *Air and Marine* in the left hand navigation box, and then locate your desired Air & Marine position.

When will I be scheduled for the PFT-2? A staff member from the Minneapolis Hiring Center will contact you to schedule the PFT-2 after you have received notification of your entry on duty date and duty station.

When will the PFT-2 be conducted? The PFT-2 will be conducted within 30 days of your entry on duty date and must be completed before entering on duty.

Where will I take the PFT-2? When you are contacted to schedule taking the PFT-2, you will be given the current testing locations and will be asked to select one that works best for you. Travel to the testing location will be at your expense. Locations are subject to change due to weather conditions.

What should I wear on the day of testing? When you arrive at your selected testing location, you should be dressed in clothing that you would wear to work out at a gym, such as a t-shirt or tank top, sweat pants or shorts, and athletic shoes with good support. You should bring with you any knee or wrist braces you routinely use when working out. Dress for the weather according to the location where you will be performing the 1.5 mile run. You may need to wear long running tights and a long-sleeve shirt or jacket for cold weather and loose fitting and light-weight materials for warmer conditions.



What should I bring on the day of my scheduled PFT-2?

You must bring a government-issued picture form of identification, such as a driver's license or passport. Also, bring a towel and bottled water as these items will not be furnished at the testing site.

What can I expect on the day of my scheduled PFT-2? After your identification has been confirmed, and prior to taking the PFT-2, you will be required to sign an informed consent and release of liability waiver certifying that you are currently engaged in a regular physical exercise program and can complete the PFT-2 without harm to yourself.