General List of Approved Food and Plant Products
Aloe Vera (above ground parts)
Bat nut or devil pod (Trapa bicornis)
Breads, cakes, cookies, and other bakery goods
Candies
Cannonball fruit
Chinese water chestnut
Coffee (roasted beans only)
Fish
* **Flower bulbs**
Fruits, canned
Garlic cloves (peeled)
* **Lily bulbs** (Lilium spp.) for planting
Maguey leaf
Matsutake
Mushrooms
Nuts (roasted)
Palm hearts (peeled)
Sauces, canned or processed
Seaweed
* **Seeds for planting**
Seeds (certain ones) for consumption
Shamrock leaves without roots or soil
St. John's Bread
Singhara nut (*Trapa bispinosa*)
Tamarind bean pod
Truffles
Vegetables, canned or processed
Water chestnut (*Trapa natans*)
*Check with the consulate or agricultural office in the country of origin to confirm that your item is allowed. A phytosanitary certificate is required for propagative material. Pre-departure inspection is required for passengers traveling from Hawaii to the mainland, Puerto Rico to the mainland, and from the U.S. Virgin Islands to the mainland.*