

## **General List of Approved Food and Plant Products**

Aloe Vera (above ground parts)

Bat nut or devil pod (*Trapa bicornis*)

Breads, cakes, cookies, and other bakery goods

Candies

Cannonball fruit

Chinese water chestnut

Coffee (roasted beans only)

Fish

\* **Flower bulbs**

Fruits, canned

Garlic cloves (peeled)

\***Lily bulbs** (*Lilium* spp.) for planting

Maguery leaf

Matsutake

Mushrooms

Nuts (roasted)

Palm hearts (peeled)

Sauces, canned or processed

Seaweed

\* **Seeds for planting**

Seeds (certain ones) for consumption

Shamrock leaves without roots or soil

St. John's Bread

Singhara nut (*Trapa bispinosa*)

Tamarind bean pod

Truffles

Vegetables, canned or processed

Water chestnut (*Trapa natans*)

\*Check with the consulate or agricultural office in the country of origin to confirm that your item is allowed. A phytosanitary certificate is required for propagative material. Pre-departure inspection is required for passengers traveling from Hawaii to the mainland, Puerto Rico to the mainland, and from the U.S. Virgin Islands to the mainland.