



**U.S. Customs and
Border Protection**

(b) (7)(E)

DEC 10 2020

MEMORANDUM FOR: All Chief P
All Director (b) (6)

FROM: Rodney S.
Chief
U.S. Border (b) (6)

SUBJECT: Suicide Risk Awareness and Prevention of People in U.S. Customs
and Border Protection Custody

Recognizing the warning signs of suicidal behavior is an important aspect of preventing suicides and suicide attempts by people in our custody. As federal law enforcement personnel, we regularly assess individuals in our custody for safety and security. Although we may not be clinical experts, we should be aware of certain indicators or factors that may lead to suicide risk.

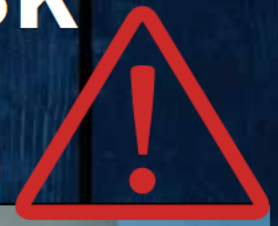
In an effort to raise awareness and prevent suicides and suicide attempts, the Department of Homeland Security's Office for Civil Rights and Civil Liberties (CRCL) has recommended that U.S. Customs and Border Protection (CBP) train its agents and officers about suicide risk awareness and prevention for those in custody. As part of the training, CBP, in collaboration with CRCL, created the attached flyers (in English and Spanish) to educate staff and contractors about suicide warning signs and courses of action.

Print the flyers at your facility and post them in muster rooms, processing areas, and other locations, which are visible to staff and medical/mental health personnel. These flyers are a supplement to the *Detainee Suicide Prevention Awareness* memorandum, issued by the U.S. Border Patrol Chief on November 5, 2014.

For questions, contact Assistant Chief (b) (6), (b) (7)(C) at (b) (6), (b) (7)(C) or
(b) (6), (b) (7)(C)

Attachments

Detainee Suicide Risk Warning Signs:



- Talking about harming oneself
- Previous self-harm attempt
- Feeling shame or embarrassment
- Wanting to die
- Sadness, crying, depression
- Substance abuse
- Isolating from others
- Sleep or appetite changes
- Extreme mood swings
- Paranoia, delusions
- Fear or despair about the future
- Anger, aggression
- Anxiousness

“Suicide doesn’t end the pain, it only lays it on the broken shoulders of the survivors.”

-Anne-Grace Scheinin

Notify a supervisor, medical health staff if available, and follow the suicide risk detainee protocols.



U.S. Customs and
Border Protection

Señales de Advertencia de Suicidio en Detenidos



- Hablar de hacerse daño
- Intento previo a hacerse daño
- Sentir vergüenza
- Desear morir
- Tristeza, llanto, depresión
- Abuso de sustancias
- Aislamiento de otros
- Cambios en el sueño o apetito
- Cambios emocionales extremos
- Paranoia, delirios
- Temor o desesperación sobre el futuro
- Enojo, agresión
- Ansiedad

“El suicidio no termina el dolor, solamente lo pone en los hombros rotos de los sobrevivientes”.

-Anne-Grace Scheinin

Notifíquese a un supervisor, al personal médico si está disponible, y siga los protocolos del riesgo al suicidio en detenidos.



U.S. Customs and
Border Protection